



**Come & Celebrate
Kentish Food Week**
by joining us for school lunch
from 28 September to 2 October

**The exciting menus will include
Kentish recipes made from fresh,
local ingredients**

Contact your school for more information

**Local produce may include: lamb,
chicken, pork, sausages, fish,
apples, plums and
potatoes**



**Celebrate
Kentish
Food Week**

28 September - 2 October



**Children,
Families &
Education**



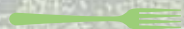
Kentish Food Week menu



sample
menu

Monday

Kentish Pork
Sausages with
Onions
Cheese Potato Pie



Jacket Wedges
Baked Beans
Sweetcorn &
Peppers



Gypsy Tart with Cox
Apple Slices
Fresh Fruit
Yoghurt

Tuesday

Appledore Chicken
Pie
Kent Autumn
Vegetable Hot Pot



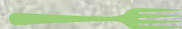
Creamed Potatoes
Broccoli
Carrots



Giant Oat & Cherry
Cookie
Fresh Fruit
Yoghurt

Wednesday

Roast Kent Pork
& Bramley Apple
Sauce
Cauliflower &
Broccoli Cheese



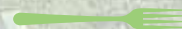
Roast Potatoes
Creamed Potatoes
Cabbage
Runner Beans



Apple & Blackberry
Sponge & Custard
Fresh Fruit
Yoghurt

Thursday

Kentish Beef
Burger in a Cob Roll
Ploughmans Lunch



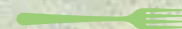
Country Salad
selection



Apple Pie & Cream
Fresh Fruit
Yoghurt

Friday

Battered Fish
Oast House Quiche



Chips
Parsley Potatoes
Peas
Coleslaw



Kent Huffkin +
Berry Smoothie or
Milk Shake
Ice cream & Wafer
Fresh Fruit
Yoghurt